



"What's Ackee?"

Ackee is Jamaica's national fruit. Cooked like a vegetable, it has a light, silky texture. This unique and extremely tasty dish looks like scrambled eggs when cooked but tastes like nothing else!!

"What's Calaloo?"

This popular Jamaican dish, related to the spinach family, is prepared with peppers and seasonings and is very flavourful!!

"What's Roti?"

Roti is a thin flat bread wrapped around curry chicken, curry goat or curry potato. The Dhalpuri roti has a layer of ground chickpeas in the centre!!

"Is everything hot & spicy?"

At Caribbean Twist, all of our dishes are very flavourful. JERK is HOT!! Our curry dishes have a "little kick" but not overly hot. If you want something equally flavourful but not hot, our Jamaican Style BBQ Chicken or our Stewed Oxtail may be the way to go!!

"I'm a vegetarian. What's for me?"

We provide a variety of tasty dishes suitable for vegetarians. Look for menu items marked with a **V**

"Caribbean & Nova Scotia's food and beverage connection"

Canada's three hundred year old tradition of trading rum for dried cod "salt fish" continues in Nova Scotia and Newfoundland where golden Rums from Jamaica, Barbados and Antigua are imported and aged for five years. The resulting hearty Rum is known locally as Screech



3081 Gottingen Street, Halifax NS
(adjacent to Hydrostone Market at Gottingen & Young)

Mon – Tues 10 am - 7 pm
Wed – Fri 10 am – 9 pm
Sat 12 pm - 9 pm
Closed Sunday



We Deliver!!⁺
404-3855

Catering is our Specialty

**You can also rent our restaurant for
your special event
Ask us how**

www.Caribbeantwist.ca
info@Caribbeantwist.ca

MAIN DISHES

(served with Rice & Peas and Seasoned Steamed Cabbage or replace Cabbage with Curried Potato or Calaloo for \$.50 if available)

Jerk Chicken	\$9.99
Curry Chicken	\$9.99
Brown Stewed Chicken	\$9.99
Jamaican Style BBQ Chicken	\$9.99
Jerk Pork	\$10.49
Curry Beef	\$10.49
Stewed Oxtail	\$11.49
Curry Goat	\$11.49
Ackee & Saltfish	\$12.49
Calaloo & Saltfish	\$10.99
Saltfish	\$10.49
Vegetarian Delight (Ackee)	\$10.49 V
Vegetarian Delight (Calaloo)	\$8.99 V
Seasoned Steamed Cabbage & Rice	\$6.99 V



ROTI

Curry Chicken Roti	\$9.99
Curry Goat Roti	\$11.49
Curry Beef Roti	\$10.49
Curry Potato Roti	\$6.99 V
Curry Potato and Calaloo Roti	\$8.99 V

SOUPS/SALADS

Red Pea Soup	\$4.49 V
Red Pea Soup (with Chicken)	\$6.49
The Obama (Jerk Chicken Caesar Salad) (may substitute Jerk with Curry Chicken)	\$8.49
Caesar Salad	\$5.99
Small side of Caesar Salad	\$3.99

DESSERTS/TREATS

Please see Dessert Menu for Selection (based on availability)

Pies, Cakes and squares	\$3.49 - \$3.99
Cheesecakes	\$4.49

Menu items & prices subject to change without notice
V = Vegetarian Dishes

SIDE DISHES

Jamaican Patties	\$2.17 each
Hot or Mild Beef or Vegetarian V	
Festivals (minimum 2)	\$0.88 each
Rice & Peas	(sm \$4.34 / reg \$6.99) V
White Rice	(sm \$3.99 / reg \$6.49) V
Seasoned Steamed Cabbage	(sm \$4.34 / reg \$6.99) V
Curried Potato	(sm \$4.49 / reg \$7.49)
Fried Plantain	\$2.99 V
Ackee	(sm \$5.99 / reg \$9.99) V
Calaloo	(sm \$4.99 / reg \$7.99) V
Saltfish	(sm \$5.99 / reg \$9.99)
Ackee and Saltfish	\$8.49
Chicken (individual piece)	\$1.50 each
(Curry, Jerk, Brown Stewed or BBQ)	
Oxtail (individual piece)	\$2.25 each
Curry Goat (individual serving)	\$2.25 each
Jerk Pork (individual piece)	\$1.75 each
Curry Beef (individual serving)	\$1.75 each
Sweet Potato Chicken Delight	\$5.99



CARIBBEAN STYLE DRINKS

Ting, Ginger Beer, Peanut Punch, Irish Moss, Vitamalt, Coconut Water, Fruit Juices: Mango, Mango Carrot, Sorrel Ginger, Soursop, Guava, Pineapple Coconut, Strawberry Banana
Other Assorted Beverages: Sodas, Juices, Milk,
Note: Not all drinks are listed and drinks may change due to availability

FOR DELIVERY CALL 404-3855

Catering is our specialty

www.caribbeantwist.ca info@caribbeantwist.ca

+ Delivery charges apply
Applicable taxes/bottle deposits extra